

# **Easy & Powerful Attraction Remedies:**

## **For Wealth, Health, Relationships, Success & Positivity**



✦ *Fill Your Life with Positive Energy – Turn Every Day  
into a Step Toward Success!* ✦

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# Chapter 1: Introduction

*"You attract what you think, feel, and truly believe!"*

Every human being desires wealth, good health, love, success, and peace. Yet, despite countless efforts, problems often continue to repeat in life. This makes us wonder — *"Why isn't my life changing?"*

The answer lies in **energy** and the **Law of Attraction**.

Our thoughts, emotions, and beliefs are forms of energy. This energy radiates into the universe as **vibrations**, and in turn, we begin to attract situations, people, and opportunities that match those very vibrations.

**This means that if you:**

- Think positively about money, you will attract more wealth into your life.
- Feel gratitude and love for your health, your body will respond in the same way.
- Spread love and understanding in relationships, they will start to heal and improve.

This is not magic — it's the power of small changes in your daily habits and a conscious shift towards positive energy.

In this book, we will explore:

- **Simple, ancient, and spiritual remedies** that anyone can easily practice in their daily life.
- **How to manifest success and abundance** without expensive rituals or complicated practices.
- **How to energize your home, mind, and surroundings** to create a life filled with positivity.



True transformation does not begin outside — it begins **within you**.

So let us embark on this journey together — a journey that will lead you closer to the life of your dreams, with simple, powerful, and positive remedies.

## Chapter 2: Simple Remedies to Attract Wealth

*"Money flows where it is welcomed, respected, and loved."*



Wealth doesn't come through hard work alone — it is also deeply connected to the way you **think, speak, and feel about money**.

Often, it is the scarcity mindset stored in our subconscious that keeps abundance away.

The remedies shared here are **simple, cost-free, and highly effective** for attracting money and prosperity into your life:

### ◇ 1. Welcome Wealth Every Morning

As soon as you wake up, say:

***"I am wealthy, money loves me, and it is flowing towards me."***

This affirmation fills you with a positive vibration and creates an energetic pull towards abundance.

### ◇ 2. Keep Cinnamon and Basil in Your Wallet

Place a small piece of cinnamon and a dried basil leaf in your wallet or locker.

🌿 This keeps the energy of money active and removes financial blockages.

### ◇ 3. Use the Color Green

Green is the color of prosperity.

- Keep a small green cloth or note in your wallet.
- Grow green plants at home, such as money plant or holy basil (tulsi), to invite abundance.

### ◇ 4. Light a Lamp at Sunset

During twilight, when the sun sets, light a ghee or oil lamp at your main entrance.

🕯️ This is a symbolic way to invite Goddess Lakshmi (the deity of wealth) into your home.

### ◇ 5. Practice Gratitude to Attract Money

Every night before sleeping, say thank you for at least three things related to money:

***"I am grateful for all the money I have."***



This simple practice activates the vibration of abundance.

### ◇ 6. Place Your Locker in the North Direction

The north direction is associated with Lord Kuber, the deity of wealth.

♀ Placing your safe or locker in this direction ensures stability and growth of wealth.

### ◇ 7. Declutter and Remove Financial Blockages

– Throw away broken utensils, dead clocks, useless bills, and old wallets.



A clean and organized space attracts fresh opportunities and financial growth.

### ◇ 8. Offer White Sweets on Fridays

Prepare a white-colored sweet (like kheer or milk-based dessert) on Friday and offer it to Goddess Lakshmi before sharing it with the family.



This ritual enhances income and good fortune.

### ✦ Special Mantra (Chant 11 Times Daily):

***"Om Shreem Mahalakshmyai Namah"***

This is a powerful bija mantra to invite wealth, prosperity, and abundance into your life.

## Chapter 3: Simple Remedies for Good Health

*"A healthy body is the first gateway to success and happiness."*



Good health doesn't depend only on medicines or doctors. It is shaped by our thoughts, daily routine, diet, and energy.

To stay truly healthy, we must care for **body, mind, and soul** together.

Here are some **simple yet powerful remedies** that can attract health and vitality into your life:

### ◇ 1. Drink Water First Thing in the Morning – “Life Water”

As soon as you wake up, before brushing your teeth, drink a glass of lukewarm water.

💧 This flushes out toxins, improves digestion, and awakens the body.

🌀 This is often called “*Life Water*” – a miraculous habit for lifelong health.





## ◇ 2. Treat Your Meals as Sacred Offering (Prasad)

Before eating, take a moment and say:

*"This food is nourishing my body with strength, energy, and perfect health. Thank you."*



This infuses positive energy into your food, helping protect your body from illness.

## ◇ 3. Neem Leaves – Protection from Illness & Negativity

2–3 times a week, chew 4–5 fresh, tender neem leaves on an empty stomach.



This purifies the blood, boosts immunity, and also shields you from negative energy.



#### ◇ 4. Rock Salt Bath to Clear Negative Energy

Once a week, add a handful of rock salt (Himalayan pink salt) to your bath water.

💧 This helps wash away fatigue, stress, and negativity, leaving you energized.

#### ◇ 5. Sit Near a Tulsi (Holy Basil) Plant for 5 Minutes

Spend 5 minutes near a Tulsi plant every morning and practice deep breathing.

🌿 This calms the mind, cleanses the lungs, and purifies the energy of your home.

#### ◇ 6. Avoid Eating in Front of TV or Mobile

While eating, keep your mind and focus completely on the food.

🍽️ This mindful eating improves digestion and helps your body absorb nutrients better.

## ◇ 7. Deep Breathing and Gratitude Before Sleep

When you lie in bed at night, take 5 deep breaths and say:

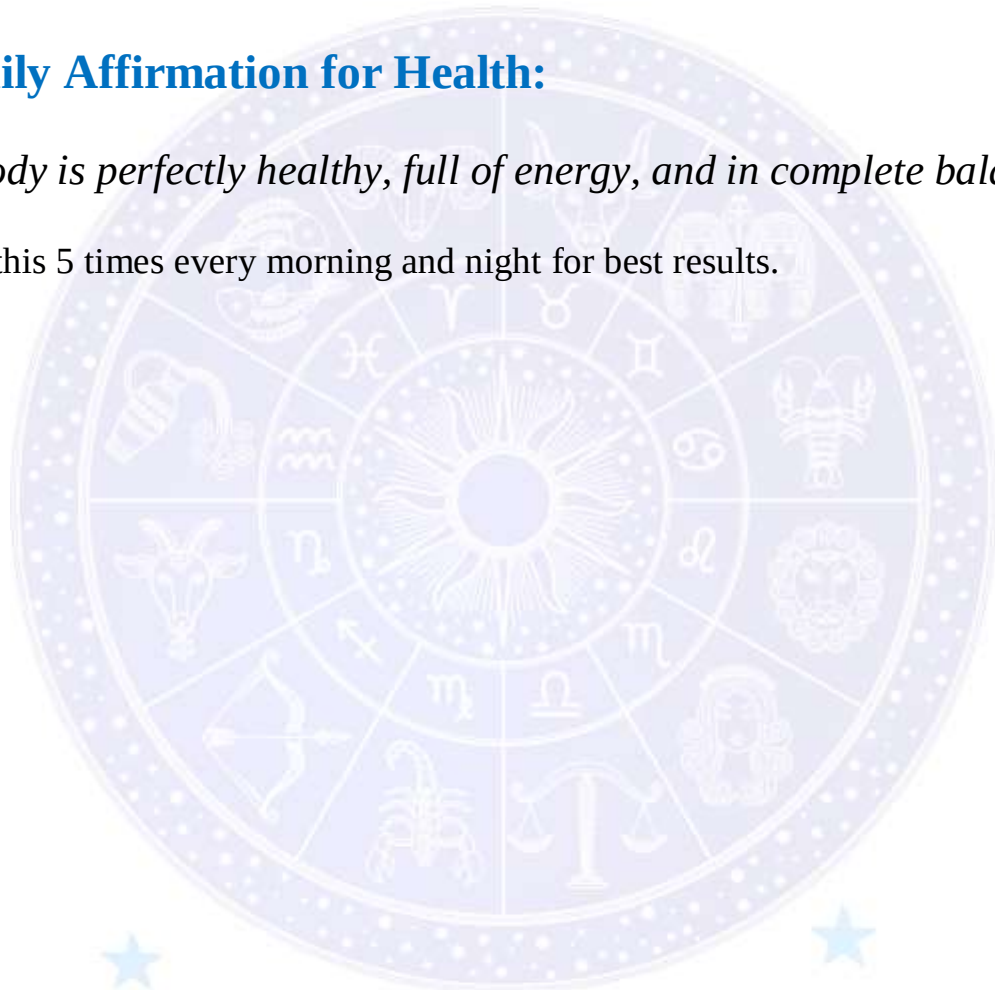
*"I am grateful for this healthy body."*

🧘 This practice improves sleep quality and relaxes the mind.

## □ Daily Affirmation for Health:

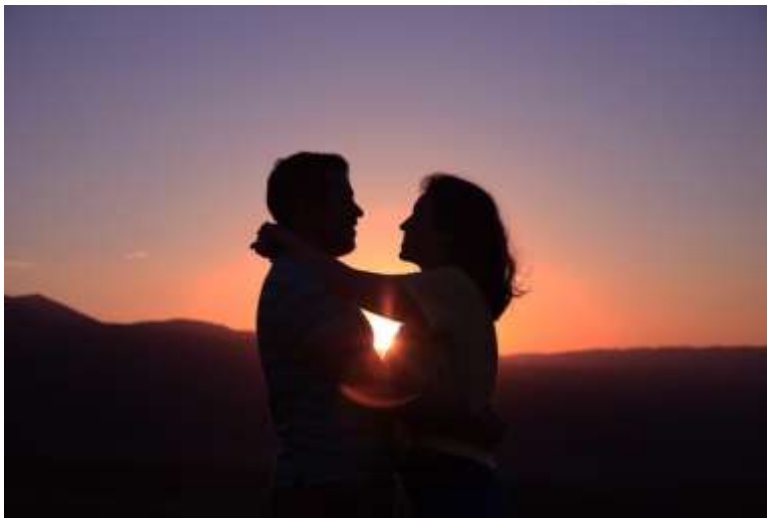
*"My body is perfectly healthy, full of energy, and in complete balance."*

Repeat this 5 times every morning and night for best results.



## ♥ Chapter 4: Simple Remedies for Love and Harmony in Relationships

*"Where there is love, there is strength – and where there is strength, happiness and success naturally follow."*



Relationships are the most valuable treasure of our lives. When our bonds are filled with love and harmony, our life feels joyful, energetic, and positive. But when there is stress or conflict in relationships, it impacts our health, work, and mental peace.

Here are some **simple yet powerful remedies** to bring love, understanding, and harmony into your relationships:

### ◇ 1. Remove Negativity from Relationships with Salt

Every Friday, dissolve a pinch of rock salt (or sea salt) in a small bowl of water and place it near your main entrance.



🕯️ This absorbs negative energy from the home, helping reduce tension between family members.

## ◇ 2. Practice 5 Minutes of Silence Daily

Sit quietly every day, close your eyes, and repeat:

*"I am love, I forgive, I bring sweetness to my relationships."*

🙏 This shifts your inner energy and naturally encourages others to respond positively.

## ◇ 3. Jaggery and Water Offering

Every Friday, donate jaggery and water at a nearby temple.

👑 This remedy works wonders in resolving conflicts with spouse, parents, children, or coworkers.

## ◇ 4. Place Family Photos in the North or East Direction

Hang smiling, happy family photographs in the north or east direction of your home.

🖼️ This keeps the home environment cheerful and strengthens feelings of love and togetherness.

### ◇ 5. Speak a “Positive Sentence” Daily

Every day, say something kind and loving to your spouse or family member, for example:

*"Thank you for being in my life."*

♥ This small act deepens emotional connection and mutual understanding.

### ◇ 6. Use Red Flowers and Rose Water

On Sundays or Fridays, dip red flowers in rose water and sprinkle it at your entrance and around your rooms.

🌹 This spreads loving vibrations throughout the house and improves relationships.

### ◇ 7. Practice Forgiveness and Gratitude

Before going to bed, say:

*"I forgive anyone I may have hurt knowingly or unknowingly. I send love to everyone."*

🙏 This is one of the most powerful practices to heal hearts and restore harmony.

### □ Affirmation for Love and Relationships:

*"All my relationships are filled with love, understanding, and respect."*

Repeat this three times every morning.

## ❓ Chapter 5: Mental & Practical Remedies for Achieving Success

*"You become what you repeatedly think and do."*



Success is not something that just happens overnight — it is the outcome of your thoughts, habits, hard work, and energy.

In this chapter, you will discover how small shifts in your mindset and daily actions can attract big success into your life.

### ◆ 1. Visualize Your Success

Spend 5 minutes every morning with your eyes closed, visualizing your goal.

✦ Imagine you have already achieved it — see yourself in that moment, feel the joy, and smile.

## ◇ 2. Write and Speak Positive Affirmations

Every morning, spend 5 minutes speaking affirmations related to your goal, such as:

*"I am successful, I am capable, and I am achieving my goals."*

🧠 This programs your subconscious mind and clears the path for opportunities.

## ◇ 3. Wake Up Before Sunrise – “The Winner’s Start”

Those who wake up early have a calm, focused, and energized mind.

🕒 The time before sunrise is considered the most powerful for self-growth, planning, and productivity.

## ◇ 4. Choose One Goal and Focus on It

Trying to achieve too many goals at once scatters your energy.

🎯 Select one primary goal and dedicate time to work on it every single day.

## ◇ 5. Master Your Time – Practice “Time Blocking”

Divide your day into dedicated segments:

- 1 hour for learning
- 2–3 hours for focused work on your goal
- 30 minutes for reflection and analysis

📅 This disciplined approach steadily moves you closer to success.

## ◇ 6. Avoid Negative Company and Thoughts

Stay away from people who constantly criticize, spread fear, or talk about failure.

🌱 Success grows in a positive, encouraging environment.



## ◇ 7. Learn from Every Failure

View every mistake as a lesson and ask yourself:

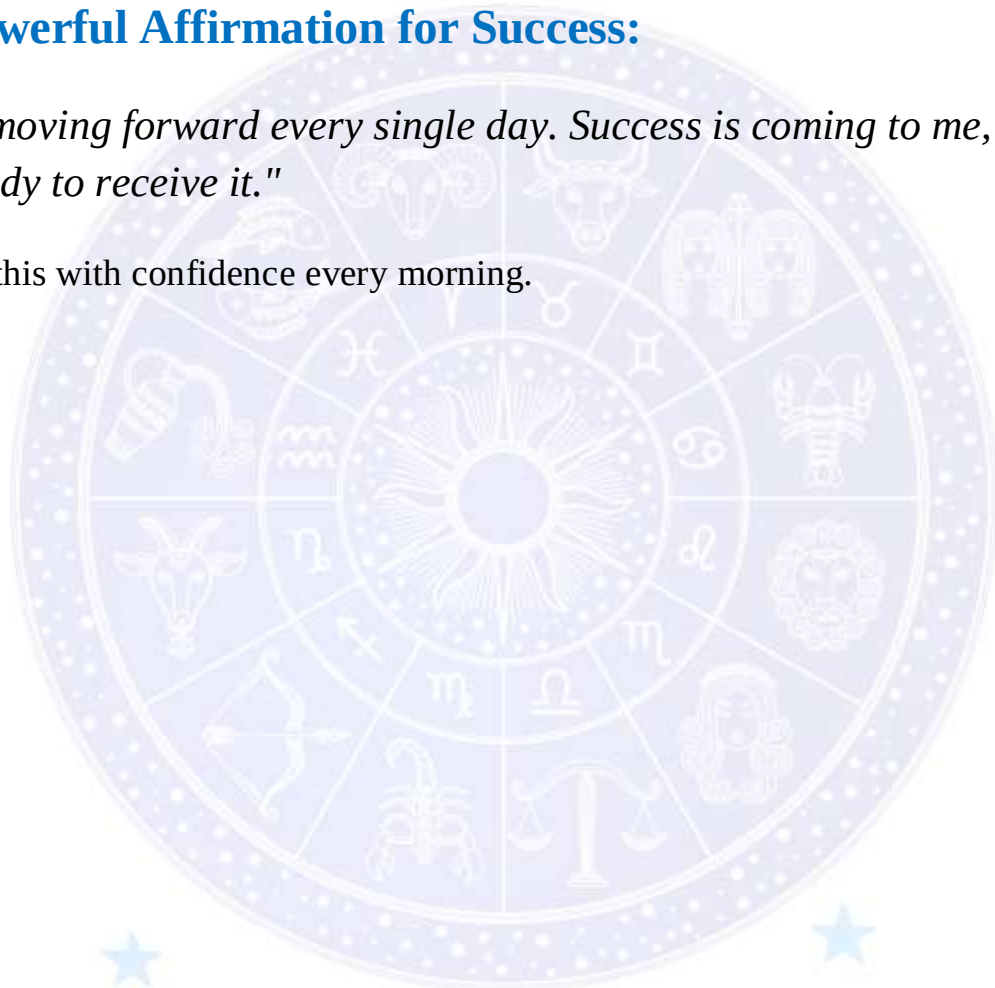
*"What can I learn from this experience?"*

■ This mindset helps you rise stronger every time you fall.

### □ Powerful Affirmation for Success:

*"I am moving forward every single day. Success is coming to me, and I am ready to receive it."*

Repeat this with confidence every morning.



## Chapter 6: Simple Ways to Invite Positive Energy into Your Home

*"When the energy in your home is balanced, happiness, peace, and success naturally flow into your life."*

Your home is not just made of bricks and walls — it holds an energy that shapes your destiny. When the vibrations in your home are positive, wealth, health, relationships, and success come naturally.

Here are some simple Vastu and natural remedies to make your home vibrant and auspicious:

### ◇ 1. Keep the Main Entrance Clean and Welcoming

The main door is the entry point for energy.

 So make sure:

- The door is always clean and not broken.
- Draw symbols like Swastik, **Om**, or **Shubh-Labh** on it.
- Decorate the entrance with fresh flowers or a toran (decorative hanging).

### ◇ 2. Burn Camphor or Resin Daily

Light camphor (kapoor) or resin (loban) every morning and evening, and let its smoke spread throughout the home.

 This removes negativity and invites positivity.

### ◇ 3. Keep the North-East Corner Clean and Light

The North-East (Ishaan) direction is considered the zone of wisdom, health, and spirituality.

☯ Place your home temple or meditation space here and avoid keeping heavy objects in this area.

### ◇ 4. Mop the Floor with Salt Water

At least twice a week, add rock salt (sendha namak) to your mopping water.

🪸 This helps remove stagnant negative energy and brings mental peace.

### ◇ 5. Keep Bathroom and Toilet Doors Closed

Bathrooms and toilets are considered energy drains.

🚪 Always keep their doors closed and place a small bowl of salt inside to absorb negativity.

### ◇ 6. Remove Broken or Non-Functional Items

Avoid keeping broken mirrors, stopped clocks, cracked utensils, or rusty objects in your home.

🕒 These block energy flow — discard them immediately.

### ◇ 7. Balance the Five Elements in Your Home

- **Earth:** Keep indoor plants
- **Water:** Place a copper vessel filled with water in the north direction
- **Fire:** Light a diya or candle
- **Air:** Keep windows open for fresh air

- **Space:** Maintain positive and peaceful thoughts

🌿 This balance fills your home with vitality and harmony.

## ◇ 8. Play Soft Music or Mantras Daily

Play “Om” chants or soothing music in the morning.

🎵 This purifies the vibrations and fills your home with calmness.

## □ Affirmation for a Positive Home:

*"My home is filled with peace, prosperity, and love. Positive energy flows into every corner."*

Repeat this three times after your prayer or meditation.



## Chapter 7: The Miracle of Gratitude & Affirmations

*"Whatever you are grateful for multiplies in your life."*

Most of us focus on what is missing in our lives. But when we shift our attention to what we already have — and express gratitude for it — the Universe gives us even more.



Similarly, when we speak positive affirmations to ourselves, our subconscious mind begins to believe them and aligns our actions to make them real. This leads to powerful, almost magical changes in life.

### ◇ 1. The Power of Gratitude

Every morning or night, express thanks for at least 5 things in your life. For example:

- "I am grateful for my healthy body."
- "I am grateful for the food I have."
- "I am grateful for my safe and comfortable home."
- "I am grateful for my loving family."
- "I am grateful for this beautiful day."

☯ This practice fills your mind with peace, energy, and happiness.

## ◇ 2. Keep a Gratitude Journal

Write daily in a small notebook:

*"Today I am grateful for..."*

📖 Over time, this habit shifts your focus from negativity to positivity and changes the way you see life.

## ◇ 3. The Magic of Affirmations

Affirmations are positive statements you repeat until they are imprinted in your subconscious mind. For example:

- "I am wealthy, and my income is increasing every day."
- "I am completely healthy, energized, and happy."
- "All my relationships are filled with love and respect."
- "I am achieving success and growing every single day."

🗣️ Say these affirmations aloud 5 times in the morning and 5 times before bed — saying them in front of a mirror makes them even more powerful.

#### ◇ 4. Say 'Thank You' Often

Repeat the words:

*"Thank you, thank you, thank you!"*

throughout the day — even without a reason.

This instantly shifts the energy around you.

#### ◇ 5. Transform Negative Thoughts Instantly

Whenever a negative thought arises, immediately say:

*"I cancel this thought. I choose positivity."*

✂ This simple technique trains your mind for self-control and positive thinking.

#### □ Special Practice – Gratitude + Affirmations Together

Every morning, say this powerful statement:

*"I am grateful for everything I have in my life. I am moving towards greater success, health, and abundance every day."*



## Chapter 8: Simple Daily Practices to Include in Your Routine

*"Your daily routine shapes your future."*

Every successful, healthy, and happy person has one thing in common — a positive, disciplined, and energy-filled routine.

It is the small, consistent actions you take every day that bring about big changes in your life.



Here are a few simple, powerful practices you can add to your day to effortlessly attract wealth, health, love, success, and positivity:

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### ◇ 1. Wake Up Between 4 AM and 6 AM (Brahma Muhurta)

This time is considered highly auspicious for spiritual strength, peace, and deep focus.



 Wake up during this period to meditate, chant mantras, or practice positive reflection.

## ◇ 2. Start Your Day with “Thank You”

Before getting out of bed, say:

*"Thank you, Universe, today is a very lucky and blessed day for me."*

 This simple act sets a positive tone for the rest of the day.

## ◇ 3. Meditate for 10 Minutes Daily

Sit quietly and focus only on your breath.

 This calms your mind, strengthens your inner power, and melts away stress.

## ◇ 4. Read or Speak One Inspirational Line Daily

Pick a line from a positive book or simply affirm:

*"I am getting better every day. The Universe is helping me."*

## ◇ 5. Surround Yourself with Positive People

Connect with those who inspire you, support you, and uplift you.

 Stay away from negative company as it drains your energy and lowers your vibration.

## ◇ 6. Do One Selfless Act Every Day

Perform at least one act of kindness without expecting anything in return — like helping someone, planting a tree, or feeding birds.

 This increases the energy of compassion and generosity in your life.

## ◇ 7. Night-Time Reflection & Gratitude

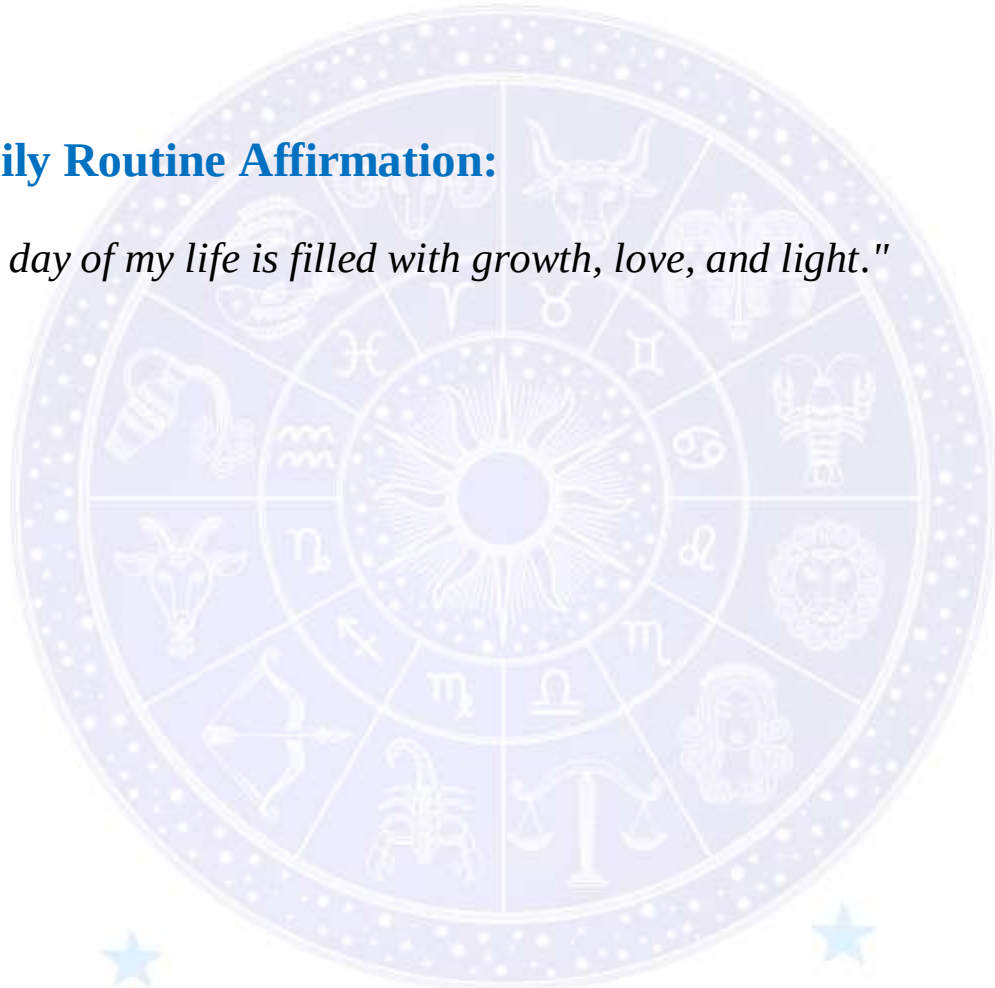
Before sleeping, ask yourself:

- *What good did I do today?*
- *What am I grateful for today?*

🌙 This practice relaxes your mind and helps you sleep peacefully.

### □ Daily Routine Affirmation:

*"Every day of my life is filled with growth, love, and light."*



## ❓ Chapter 9: Conclusion & Final Suggestions

*"Small steps create big changes."*

In this book, you discovered how to attract wealth, health, love, success, and positivity into your life — without complicated rituals or expensive solutions.

Each practice shared in these chapters is simple and easy to follow, no matter your age or lifestyle.

But remember:

✓ **Knowledge becomes power only when put into action.**

### 🔧 Final Suggestions:

1. **One Step at a Time** – Don't try to do everything at once. Choose one practice, follow it consistently, and trust the process.
2. **Consistency Creates Miracles** – The real magic happens when you repeat a practice regularly.
3. **Change Begins Within** – Transform your thoughts and words, and your outer reality will transform too.
4. **Keep Your Energy Light and Positive** – Be mindful of your food, company, time, and thoughts. Choose what uplifts and inspires you.
5. **Take a Powerful Intention** – Affirm, practice, and create a beautiful life filled with light and joy.

Your life is a mirror — what you think is what you experience.

Now is the time to fill your life with higher energy, love, and light.



## Chapter 10: Thank You

*"Thank you for walking this journey with me."*

I am deeply grateful to you for reading this eBook.

My only purpose in writing it is to inspire every reader to bring miraculous transformations in their life through small, positive changes.

The fact that you have taken time to read this shows that you are ready to consciously create a better, more joyful life for yourself.

✿ **My heartfelt wish for you:**

May your life always be blessed with abundance, health, love, and success.

If you found this book helpful, do share it with your friends and loved ones — so they too can benefit from these powerful yet simple practices.

With love and light,  
*(Jitendra Kumar)*

– The Astro Temple