

MIRACULOUS SESAME REMEDIES:

Simple Astrological Totkas for Wealth and Success



**"Small Sesame Remedies, Big Changes in Life! | Wealth, Success, and
Peace — Now Possible with Sesame!"**

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Table of Contents

1. **Introduction:** Religious and Astrological Significance of Sesame
2. **Mythological Stories Related to Sesame**
3. **Black Sesame vs. White Sesame – When to Use Which**
4. **Sesame Remedies:**
 - For Attracting Wealth
 - For Success in Business
 - For Job Promotions
 - For Freedom from Debts
 - For Removing Negative Energy
5. **Special Remedies with Sesame on Saturdays**
6. **Precautions and Prohibitions Related to Sesame**
7. **Conclusion**
8. **Acknowledgement Page**

Introduction

In India, sesame (til) is not only considered a food ingredient but also holds immense religious and spiritual significance. In particular, black sesame is widely used to remove planetary afflictions (grah dosha), ancestral karmic blockages (pitru dosha), and obstacles related to wealth.

In this eBook, you will discover how simple yet powerful sesame remedies can help you attract wealth, success, and peace into your life.

Chapter 1: The Religious and Astrological Significance of Sesame Seeds

In India, sesame seeds (til) are considered sacred and powerful. They are not just a part of Ayurvedic medicine or food but also hold a deep place in spiritual rituals and astrological remedies.



Religious Significance:

- Sesame seeds are widely used in *shraddha*, *tarpan*, and *yajnas* (Vedic rituals). It is believed that offering sesame seeds satisfies the ancestors and brings their blessings.
- Donating black sesame seeds on Saturdays is considered highly auspicious. It helps pacify Saturn's (Shani) malefic effects and removes life's obstacles.
- Adding sesame seeds to your bathwater is believed to cleanse negative energy and purify the soul.

Astrological Significance:

- Sesame seeds are highly recommended to reduce the malefic effects of planets like Saturn (Shani), Rahu, and Ketu.
- If your birth chart shows planetary afflictions like *Shani Sade Sati* or *Rahu-Ketu dasha*, using sesame seeds in specific rituals can bring relief.
- Black sesame seeds are used for removing obstacles and financial troubles, whereas white sesame seeds are considered beneficial for auspicious events and mental peace.

Sesame Seeds as Energy Cleansers:

- Sesame seeds carry a subtle energy that can purify your aura and raise vibrations that attract wealth and prosperity.
- When used in specific ways — such as offering them in a lamp, donating them, or combining them with mantras — sesame seeds can activate your luck and bring positive transformation in life.

Chapter 2: Sesame Seeds in Mythology

Indian scriptures and Puranas frequently mention sesame seeds. They are regarded not just as a sacred grain but are also connected to many divine events and miracles. Sesame is said to be the food of the gods, the favorite offering for ancestors, and a powerful remedy for pacifying planets.

ॐ A Mythological Story – The Dialogue Between Vishnu and Yama:

Once, Lord Vishnu asked Lord Yama, “Which grain on Earth is most pleasing to the ancestors?”

Lord Yama replied, “Sesame.”

He explained that sesame carries the power to satisfy the ancestors and make *shraddha* rituals complete and fruitful.

☿ Lord Shani and Black Sesame:

According to another legend, when Lord Shani’s influence began troubling people, Lord Shiva suggested the offering of black sesame as a remedy. Since then, donating black sesame seeds on Saturdays is considered one of the most effective ways to appease Lord Shani and reduce his malefic effects.

✦ The Union of Ganga Water and Sesame:

The *Garuda Purana* states that offering sesame with Ganga water multiplies the blessings a thousandfold. This sacred act is believed to grant peace to departed souls and bring their divine grace into one’s life.

🔮 **Symbol of Purity and Prosperity:**

In the Puranas, sesame is described as a “symbol of purity and abundance.” No ritual, *havan*, or offering is considered complete without sesame seeds.

This chapter reminds us that sesame is not just about material gains — it is a way to receive spiritual upliftment and ancestral blessings.



Chapter 3

Black Sesame vs. White Sesame – When to Use Which

Sesame seeds mainly come in two types — black and white — and both have different qualities, uses, and effects. If you are using sesame seeds for wealth, success, and energy balancing, it's important to know **which type to use in which situation**.

1. Black Sesame

✂ Key Qualities:

- Black sesame helps pacify planets like Saturn (*Shani*), Rahu, and Ketu.
- It is useful for removing negative energy, debts, misfortune, obstacles, and enemy influence.

🕒 When to Use:

- Donate black sesame on Saturdays to reduce Saturn's malefic effects.
- Burn black sesame to cleanse the house of negative energy.
- Flow them in water to overcome debt.
- Keeping black sesame in a copper vessel inside your locker is believed to boost financial growth.

🕯 Special Ritual:

Flow black sesame in running water while chanting “**Om Shanaishcharaya Namah**” for powerful results.

○ 2. White Sesame

✂ Key Qualities:

- White sesame symbolizes peace, purity, and divine blessings.
- It is helpful for reducing mental stress, restoring calmness, and enhancing the positive influence of planets.

🌸 When to Use:

- During *havans*, rituals, and other sacred ceremonies.
- On Wednesdays and Fridays for attracting Goddess Lakshmi's blessings.
- Mix with oil in a lamp and light it in your home temple to amplify positive energy.

✦ Special Ritual:

Lighting a lamp made of turmeric paste mixed with white sesame seeds invites Goddess Lakshmi's grace into your home.

📊 Quick Comparison Table

Aspect	Black Sesame	White Sesame
Planetary Effect	Pacifies Saturn, Rahu, Ketu	Strengthens Venus, Mercury
Best Days to Use	Saturday, New Moon, during planetary afflictions	Wednesday, Friday, auspicious days
Purpose	Removes obstacles, purification	Wealth attraction, peace, prosperity
Use in Rituals	Special Tantric rituals	General rituals, havan, aarti, daily worship

Conclusion

Both black and white sesame are powerful — the key is to use them at the **right time and for the right purpose**.

Chapter 4

Powerful Sesame Remedies for Wealth, Success, Debt Relief & Career Growth

With a few simple but highly effective sesame remedies, you can not only improve your financial condition but also bring happiness, prosperity, and peace into your life. Below are tried-and-tested remedies for different goals:

1. Remedy for Attracting Wealth

How to Do It:

Every Friday, take a bath early in the morning. In your home temple, offer a mixture of white sesame seeds and sugar crystals (*mishri*) to Goddess Lakshmi. Then, chant the mantra **“Om Shreem Mahalakshmyai Namah”** 108 times.

Benefit:

This remedy attracts Goddess Lakshmi’s blessings and increases the flow of wealth into your home.

2. For Business Growth & Success

How to Do It:

Every Wednesday, take a piece of green cloth and place white sesame seeds, a

little turmeric, and a green jade or green onyx mala (rosary) inside it. Keep this bundle in your shop's cash box, locker, or office drawer.

Benefit:

Brings stability in business, increases sales, and removes obstacles affecting growth.

3. For Job Promotion & Career Progress

How to Do It:

On Saturdays, before sunrise, mix black sesame seeds in your bath water and bathe. While bathing, chant “**Om Sham Shanaishcharaya Namah.**” Afterward, offer black sesame seeds and water to a Peepal tree.

Benefit:

Helps secure your job, improves relations with seniors, and supports promotions or career advancement.

4. For Debt Relief

How to Do It:

For 11 consecutive Saturdays, prepare a round bread (*roti*) made from wheat flour, jaggery, and black sesame seeds. Feed it to a black dog or cow.

Benefit:

Reduces financial troubles and helps you get rid of old debts.

5. For Removing Negative Energy & Restoring Peace at Home

How to Do It:

On every New Moon night (*Amavasya*), take a handful of black sesame seeds, mustard seeds, rock salt, and dried red chilies. Place this mixture near your home's main entrance overnight. The next morning, collect it and flow it into running water.

Benefit:

Removes evil eye, psychic attacks, and negativity. Restores peace and positive energy in the house.

6. For Unexpected Money or Recovery of Stuck Payments

How to Do It:

On a Sunday or Saturday, offer black sesame seeds mixed in water to the roots of a Peepal tree.

Benefit:

Helps recover stuck money and opens new sources of income.

Final Note:

Perform these remedies with faith, consistency, and a pure heart — and you will surely experience positive results in your life.

Chapter 5

Special Saturday Sesame Remedies – Remove Shani Dosha, Misfortune & Obstacles

Saturday is considered the most powerful day for performing sesame-based remedies. In particular, using black sesame seeds can help you overcome the malefic effects of Saturn (*Shani*), misfortune, conflicts, job-related hurdles, and difficult life situations.

1. Offer Black Sesame to Please Lord Shani

How to Do It:

Every Saturday morning, after bathing, mix black sesame seeds in water and pour it at the roots of a Peepal tree. While doing this, chant the mantra:

“Om Sham Shanaishcharaya Namah.”

Benefit:

Reduces the effects of Shani’s *Sade Sati*, *Dhaiya*, and other Saturn-related afflictions in your birth chart. Strengthens luck and removes obstacles.

2. Light a Sesame Oil Lamp for Shani Dosh Nivaran

How to Do It:

On Saturday evening, mix a few black sesame seeds in mustard oil. Light a clay lamp with this mixture and place it under a Peepal tree.

Benefit:

Calms Saturn's malefic influence, reduces hardships, and brings relief from struggles.

3. Sesame-Salt Bath to Remove Misfortune

How to Do It:

Before bathing on Saturday, add a handful of black sesame seeds and a pinch of rock salt to a bucket of water. Use this water for your bath.

Benefit:

Removes negative energy, evil eye, and the effects of bad luck.

4. Feed Roti (Bread) Made with Sesame, Flour & Jaggery to a Cow

How to Do It:

For 11 consecutive Saturdays, prepare a round bread using wheat flour, jaggery, and black sesame seeds, and feed it to a cow.

Benefit:

Helps in clearing old debts, ending disputes, and restoring harmony at home.

5. Special Sesame Remedy for Locker or Business Place

How to Do It:

On Saturday, take a small yellow or black cloth. Place a few black sesame seeds, one clove, and a coin inside it. Tie it securely and keep it in your cash box, locker, or shop.

Benefit:

Attracts financial growth, stops money from getting stuck, and improves business cash flow.

Important Precautions:

- Avoid consuming meat, alcohol, and speaking lies on Saturdays.
- Do not hurt, insult, or mistreat others — especially the poor — as this can anger Shani even more.
- Eating simple meals and wearing black clothes on Saturday is considered auspicious.

Final Note:

When performed with devotion, discipline, and consistency, these Saturday sesame remedies can bring amazing results — removing hardships and attracting prosperity.

Chapter 6

Precautions and Restrictions When Using Sesame

Sesame is a powerful element used for religious, astrological, and spiritual benefits. However, if used incorrectly or at the wrong time, it can lead to ineffective results or even harm. In this chapter, we will learn the key precautions to follow when performing sesame-based remedies.

1. Do not use sesame without bathing

Always perform sesame remedies after a bath, with a clean mind and body. Using it in an impure or distracted state may render the remedy ineffective or produce adverse results.

2. Avoid laughter, joking, or disrespect while using sesame

Never perform sesame remedies while laughing, joking, talking on the phone, or being careless. This is considered a spiritually serious practice.

3. Do not discard used sesame materials carelessly

Items used in sesame remedies, such as ashes from lamps or leftover sesame from a ritual, should not be thrown on the floor or in the trash. Instead, place them under a tree or release them into flowing water.

4. Avoid performing sesame remedies directly on small children

If the child is very young, do not perform sesame rituals directly on them. Instead, parents or a spiritual guide can perform protective remedies to safeguard the child's energy.

5. Avoid performing sesame havan or donations at night

It is best to conduct sesame havan or donations during the day, especially in the morning or early afternoon. Using sesame at night is generally prohibited from an astrological perspective unless a special method is prescribed.

6. Do not perform sesame remedies immediately after conflict or anger

If you have argued, spoken harsh words, or are mentally stressed, avoid performing the sesame remedy at that time. It works effectively only with a pure and calm mind.

7. Take a clear intention before performing the remedy

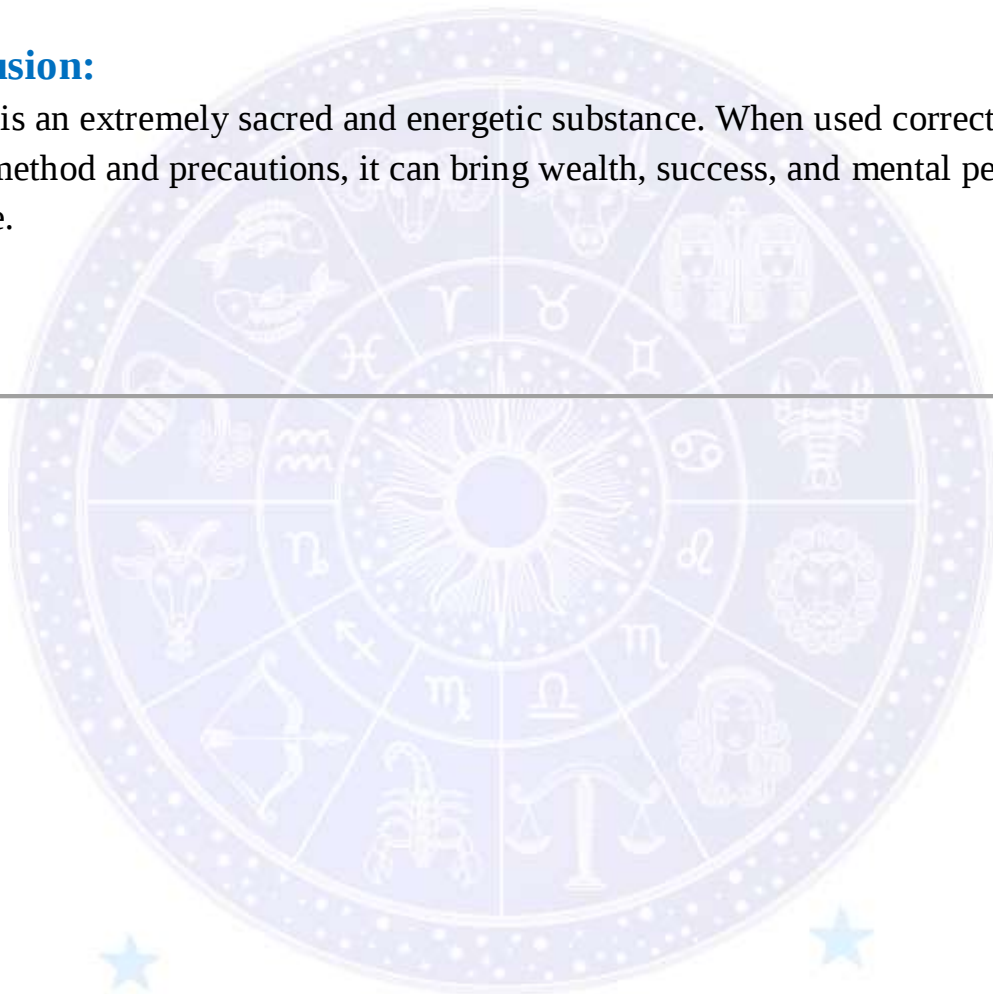
Always mentally affirm, **“I am performing this remedy for [specific benefit].”** This intention connects your energy with the power of sesame.

☑ Quick Guidelines for Correct Usage:

Parameter	Recommendation
Best Time	Morning (after sunrise) or evening
Type of Sesame	Depending on purpose – black or white
Method	Calm mind, mantra chanting
Place	Prayer room, Peepal tree, river, etc.

Conclusion:

Sesame is an extremely sacred and energetic substance. When used correctly, with proper method and precautions, it can bring wealth, success, and mental peace into your life.



Chapter 7

Conclusion – The Secret of Prosperity and Energy from Sesame

Sesame is a mystical seed that is not just an Ayurvedic remedy or a food item, but also a source of wealth, success, peace, and spiritual growth. In this eBook, you have learned how black and white sesame seeds, which may seem ordinary, can produce miraculous results under special circumstances.

From religious, mythological, and astrological perspectives, sesame remedies:

- Not only help remove planetary doshas (astrological faults),
- But also bring stability, wealth, and mental peace into life.

The true power of these remedies unfolds when they are performed with faith, devotion, and consistency. Using sesame is not merely a “ritual trick,” but an energetic process that works in harmony with your thoughts, emotions, and actions.

✿ Final Message for You:

“Small remedies can bring big changes.”

Respect sesame, use it in a sacred and proper way, and experience the results for yourself.

Chapter 8: Acknowledgements

Dear Reader,

We sincerely thank you for dedicating your time and trust to read this eBook.

Our heartfelt wish is that the sesame remedies described in this book bring positive transformation into your life, and that wealth and success dwell in your life permanently.

✦ May your life be blessed, prosperous, and abundant! ✦

Thanks

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