

Simple Vastu Remedies:

For Wealth, Health, Relationships, Success & Positivity



Small Vastu tips – Big Life Transformations!

***When the energy of your space is in harmony, prosperity naturally
finds its way to you.***

Written By- Jitendra Kumar

(The Astro Temple)

© Copyright Note

All content, design, text, ideas, creative style, and structure of this eBook are the intellectual property of *The Astro Temple*.

No part of this book — whether text, rituals, remedies, or illustrations — may be published, redistributed, scanned, translated, or copied in any form without prior permission from the author.

All rights reserved.

© The Astro Temple, 2025

Disclaimer

All remedies, rituals, and practices mentioned in this eBook are based on traditional beliefs, spiritual experiences, and alternative energy principles. They do **not** guarantee assured wealth or success.

The Astro Temple shares this information solely for the purpose of awareness and self-help. This eBook should not be considered a substitute for medical, psychological, financial, or professional advice.

Readers are advised to use their own discretion, wisdom, and circumstances before practicing any of the remedies. The use of the information provided in this eBook will be entirely at the reader's personal responsibility.

Table of Content

1. Introduction

- The Importance of Vastu Shastra
- How Energy Shapes Your Life

2. Vastu for Wealth

- The Right Direction for Your Safe or Locker
- Powerful Tips to Attract Money through the Main Entrance
- Energy-Boosting Tips for the North Direction

3. Vastu for Health

- The Ideal Kitchen Placement & Its Impact
- Bedroom Positioning for Restful Sleep
- Remedies to Protect Against Negative Energy

4. Vastu for Positive Relationships & Love Life

- The Best Direction for the Couple's Bedroom
- How the South-West Corner Strengthens Relationships
- Simple Tips to Enhance Love & Trust

5. Vastu for Success & Career

- The Ideal Direction for Study & Workspaces
- Using the North-East Corner to Your Advantage
- Powerful Remedies to Achieve Your Goals

6. Vastu for Positivity & Peace

- Importance of Cleanliness & Organized Décor

- The Role of Plants, Paintings & Water Elements
- Simple Rituals for Regular Energy Cleansing

7. Bonus Vastu Tips

- Remedies for Each Day of the Week
- Nighttime Vastu Practices for Better Energy
- Daily Habits to Invite Prosperity & Harmony

8. Thank You Page

- A Special Note for Our Readers



Chapter 1:

Introduction – The Secret and Significance of Vastu Shastra

Vastu Shastra is an ancient and sacred science from Indian tradition that shows us how to create balance and positive energy in our home, workplace, and surroundings. It is not merely the knowledge of bricks and architecture — it is a powerful science based on the harmony of the five elements (Earth, Water, Fire, Air, and Space) that helps attract prosperity, health, success, and positivity into life.



Just as the flow of blood is essential for a healthy body, the proper flow of energy is essential for a healthy home. When there is a Vastu imbalance, the space can become a center of negative energy — resulting in obstacles, stress, illness, and financial difficulties.

The good news is that anyone can remove these imbalances with small changes and simple remedies. This book is a collection of easy, practical, and non-

destructive Vastu tips that can be applied without major renovations. By following them, you can invite harmony and positive transformation into your life.

Here, you will discover simple tips and powerful Vastu remedies specifically designed to attract wealth, improve health, strengthen relationships, enhance success, and bring peace and positivity into your space. There are no heavy expenses or complicated construction work — only simple adjustments in direction, décor, colors, and energy flow.

So, let us begin this journey of wisdom and elevate our lives by bringing Vastu Shastra into practice.



Chapter 2:

Vastu for Attracting Wealth

Money plays an essential role in our lives. According to Vastu Shastra, when certain directions, spaces, and energy points of your home or workplace are balanced, you can attract wealth and ensure its stability. Here are some simple yet powerful Vastu remedies to welcome abundance into your life:

☑ 1. The Right Direction for Your Safe or Locker

- Place your safe, cash box, or jewelry locker against the **south wall**, ensuring that its door opens towards the **north**.
- The **north direction** is considered the direction of Lord Kuber — the deity of wealth and abundance.



❓ 2. Invite Wealth Through the Main Entrance

- Keep the main entrance of your home clean, beautiful, and clutter-free at all times.
- Decorate it with rangoli, or sacred symbols like **Swastika, Om, or Shubh-Labh**.

- Immediately repair any broken nameplate, bell, or damaged door — they block prosperity.

☑ 3. Keep the North Direction Open and Light

- Avoid heavy furniture, junk, or clutter in the north direction — it must remain open and light.
- Place **green plants**, a **wealth yantra**, or a **crystal money tree** here to enhance prosperity.

☑ 4. Ensure Proper Water Flow

- Water flow in the house should ideally be towards the **north-east (Ishan corner)**.
- Fix leaking taps immediately, as dripping water is believed to cause financial losses.

☑ 5. Keep These Auspicious Symbols at Home

- **Kuber Yantra**, Lakshmi-Ganesha idols seated on a lotus, or a painting of **seven running horses** (place in the east direction).
- Place a **crystal money tree** or a **golden money plant** in the south-east corner to boost financial growth.



☑ 6. Use Prosperity-Enhancing Colors

- Use shades of **red, pink, purple, or gold** in the south-east corner of your home.
- Inside your locker, keep a **Lakshmi coin or a silver coin** wrapped in a red cloth.

☑ 7. Weekly Mini-Remedies for Wealth

- **Monday:** Offer milk to a Shivling to increase mental peace and stability.
- **Friday:** Keep fresh white flowers in the house to invite Goddess Lakshmi's blessings.
- **Saturday:** Light a mustard oil lamp under a Peepal tree to remove obstacles.

ॐ Special Care

- Avoid keeping torn wallets, broken utensils, or dirty dishes overnight in the sink.
- Do not store clutter, old bills, or waste items under the bed — they block the flow of money.

💡 Remember:

Vastu for wealth is not just about physical placements — your mindset, cleanliness, and positivity also play a big role in attracting abundance.



Chapter 3:

Vastu Remedies for Good Health

A healthy body is the foundation of a happy life. According to Vastu Shastra, the directions of our home, the flow of energy, the kitchen's location, the bedroom's placement, and even the colors we use can deeply influence our health. When positive energy flows freely through your home, both your body and mind stay balanced and healthy. Here are some simple yet powerful Vastu remedies to improve health and well-being:

☒ 1. Correct Kitchen Placement and Arrangement

- The **south-east direction** is considered the best location for the kitchen, as it represents the **Fire element (Agni tattva)**.
- While cooking, face the **east direction** — it is believed to enhance energy and positivity in the food.
- Avoid placing the **stove (fire)** and **sink (water)** in the same line — this clash of fire and water elements can cause health issues.

☒ 2. Vastu Balance in the Bedroom

- The **south-west direction** is the most ideal for the master bedroom.
- Sleep with your **head towards the south or east** for deep, restful, and healing sleep.
- Keep the space under the bed open and clean — do not store shoes, junk, or old items there, as they block energy flow.

☑ 3. Bathroom and Toilet Remedies

- Always keep bathroom and toilet doors closed.
- If your bathroom is in the **north-east**, keep a white bulb, a bowl of camphor, or rock salt there to neutralize negative energy.
- Use **white or light blue colors** in bathrooms — they bring peace and emotional balance.

☑ 4. Maintain Purity in the North-East (Ishan Corner)

- The **north-east direction** is ideal for a prayer room or meditation space.
- Keep this area light, clean, and clutter-free — avoid heavy furniture here.
- Light incense, diya (lamp), or camphor here regularly to maintain a flow of positive energy.

☑ 5. Harness Natural Energy

- Plant a **Tulsi (Holy Basil)** in the north-east or east direction — it purifies the air and prevents diseases.
- Ensure proper sunlight and ventilation in your home by keeping windows open regularly.
- Burning camphor frequently helps eliminate bacteria and negative vibrations.



6. Small Vastu Remedies for Preventing Illness

- Burn **guggul, loban, or camphor** every night before sleeping.
- Mop the floor once a week with **salt water** — it absorbs negativity.
- Place a sick person's bed in the **north-east or west direction** for faster recovery.

Special Care

- Do not keep broken clocks, non-functional watches, or calendars showing wrong dates — they block progress.
- Avoid hanging pictures that depict fear, sadness, or war — they increase mental stress.

Key Insight:

Cleanliness, regularity, and balanced energy are the true keys to a healthy life. By including these Vastu remedies in your daily routine, you can witness remarkable improvements in your own health and that of your family.

Chapter 4:

Vastu for Positive Relationships & Love Life

Love, trust, and strong relationships are the greatest treasures of life. Whether it is your marriage, family relationships, or social connections — balance, harmony, and positivity are essential for happiness. According to Vastu Shastra, the home's environment, the direction of rooms, and a few simple remedies can significantly influence your relationships.

By following these easy Vastu tips, you can strengthen your bonds, bring more love into your life, and create a happy and peaceful home.

☒ 1. Ideal Direction for the Couple's Bedroom

- The **south-west direction** is considered the best for a couple's bedroom.
- This direction promotes stability, trust, and long-lasting relationships.
- If this is not possible, the **north-west direction** can also be used.

☒ 2. Keep the Bed Touching the Wall

- Place the bed firmly against the back wall.
- This simple step helps remove both physical and emotional distance between partners.

☑ 3. Avoid Using Two Separate Mattresses

- Always use **one large mattress** instead of two separate ones.
- Two mattresses are believed to symbolize disagreements or conflicts in thought.
- Bed sheets and pillow covers should be of the **same color** and kept clean.

☑ 4. Place the Right Picture in the Bedroom

- Hang a picture of **pair of swans** or **love birds** on the south-west wall of the bedroom.
- Alternatively, a beautiful painting of **Radha-Krishna sitting on a pink lotus** is also considered very auspicious.



5. Bathroom and Bedroom Should Be Separate

- If you have an attached bathroom, always keep the door closed.
- Avoid placing a mirror where it reflects the bed — it can bring stress and disharmony in married life.

6. Use the Right Colors

- Use soft shades like **pink, light red, or cream** in the bedroom — these colors enhance love, compassion, and tenderness.
- Avoid dark and heavy colors such as black, dark grey, or deep blue.

7. Decorate the South-West Corner

- The south-west corner represents **relationships and trust**.
- Place your **wedding photo**, a **pair of crystals**, or romantic décor items in this area.
- Keep this corner clean, organized, and free from clutter or broken electronics.

8. Sweet Words & Pleasant Fragrance

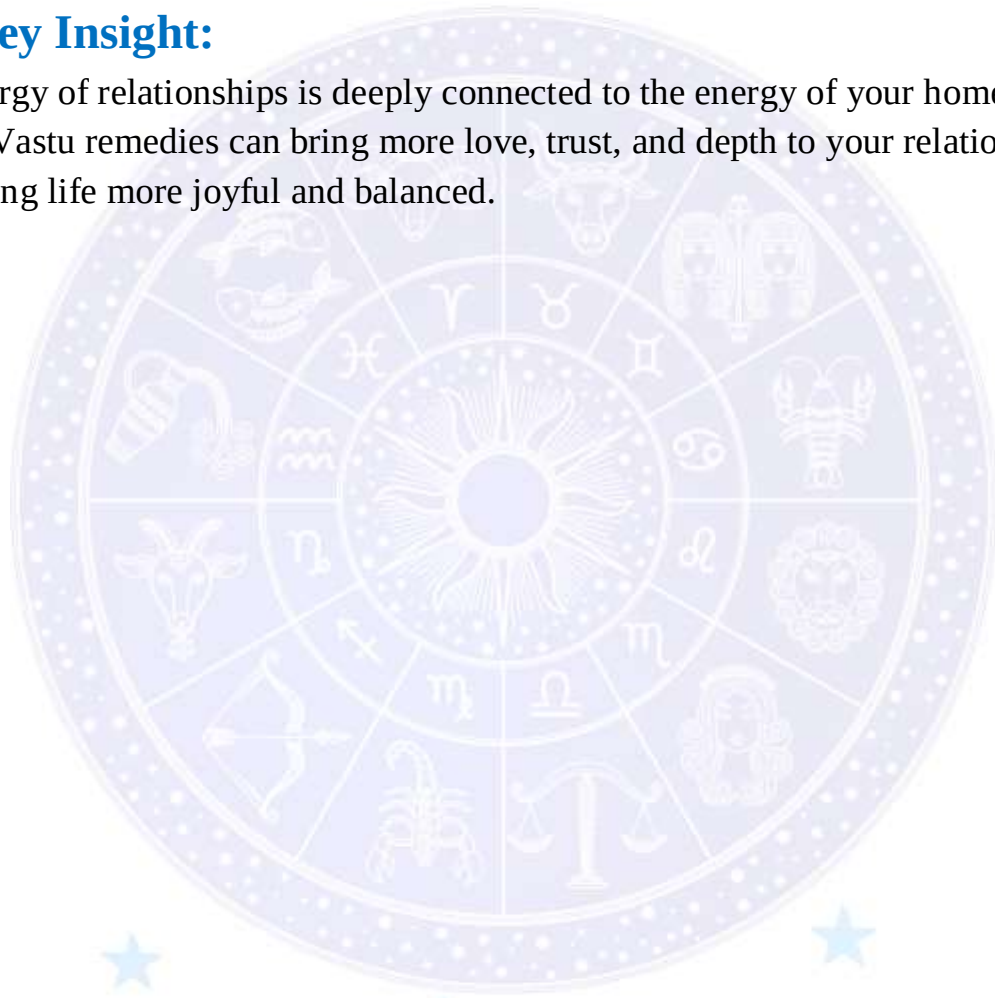
- Use soft fragrances such as incense, aroma oils, or camphor — they create a positive and loving atmosphere.
- To maintain sweetness in relationships, spread the scent of **camphor or rose** in the morning and evening.

Special Care:

- Do not keep a temple in the bedroom.
- Avoid excessive use of TV, laptops, or mobile phones — they reduce quality conversation between partners.
- Do not hang pictures that show anger, sadness, or arguments.

Key Insight:

The energy of relationships is deeply connected to the energy of your home. These simple Vastu remedies can bring more love, trust, and depth to your relationships — making life more joyful and balanced.



Chapter 5:

Vastu Remedies for Success & Career

Along with hard work, **favorable energy and correct directions** play a vital role in achieving success in life. Vastu Shastra teaches that when positive energy flows through your workplace, study room, or key areas of your home, your efforts are guided in the right direction, making success easier and faster to attain.

Here are some simple yet powerful Vastu tips to enhance study, career, business, and goal achievement:

☐ 1. Direction for Study & Work

- While studying or working, face **east or north**.
- These directions improve **intelligence, concentration, and positive thinking**.
- Ensure a **solid wall behind you** — it symbolizes stability and boosts confidence.

☒ 2. Keep the North-East Corner Light & Sacred

- This corner represents **knowledge and spirituality**.
- Place a small temple, lamp, or inspirational picture here.
- Never keep shoes, clutter, dustbins, or heavy items in this corner.

☐ 3. Vastu Tips for Office or Business Success

- Keep a solid wall behind your chair and an **open space in front**.
- Use a **high-backed, supportive chair** — it strengthens decision-making.
- In offices, placing the **boss/owner in the south** and **employees or clients in the north** can enhance business growth.

☒ 4. Motivation Zone for Goal Achievement

- On the **west or north wall**, display your goals, vision board, or inspiring quotes and images.
- Repeat affirmations like:
 - “I can do it.”
 - “Every day, I am achieving success.”

☒ 5. Colors That Support Success

- Soft **green, blue, or cream** colors in the study/work area promote peace and concentration.
- Place **yellow items** on your desk — a handkerchief, flowers, or pen — to boost wisdom and decision-making power.

☒ 6. Special Vastu Tips for Students

- Keep an **open view or a green plant** in front of your study table.
- At night, place your desk lamp in the **south-east corner**, with light coming from the **left side**.

- Keep books organized after studying — scattered books create mental confusion.

☑ 7. Remedies for Career Obstacles

- Light a **mustard oil lamp** under a **Peepal tree** on **Saturday** to remove obstacles.
- On Tuesdays, offer **sindoor** and **jasmine oil** to **Lord Hanuman**.
- Place a **glass bowl with water and lemon** in the **north direction**, and refresh it every Monday.

ॐ Special Precautions

- Replace torn curtains, burnt bulbs, or broken clocks immediately.
- Avoid keeping **dry branches, scattered papers, or stopped clocks** in your home or office.
- Regular **cleaning and organization** are essential for lasting success.

💡 Key Insight:

Success is not just about achieving goals — it is a state of **energy and balance**. By following these Vastu remedies, you can channel positive energy into your work, career, and dreams, giving them the right direction for growth and fulfillment.

Chapter 6:

Vastu Remedies for Positive Energy & Peace

A calm and positive environment not only soothes the mind but also brings **balance, stability, and mental well-being** into life. When the energy in our home and surroundings is **pure, balanced, and vibrant**, negativity, stress, and confusion make way for **peace, contentment, and joy**.

Vastu Shastra offers many simple remedies that help invite positive energy and harmony into your home and life:

☑ 1. Cleanliness & Organization

- Keep your home **clean, organized, and pleasantly scented** at all times.
- Mop once a week with **salt water** — it draws out negative energy.
- Remove broken items, stopped clocks, and faulty electronics immediately.

☑ 2. Balance of Light & Sound

- In the morning and evening, **ring bells, blow the conch, or chant mantras** to energize the space.
- Ensure **ample natural light and fresh air** — keep windows open whenever possible.
- Light lamps at the **main entrance** and in the **north-east corner** of the house in the evening.

☑ 3. Plants for Positive Energy

- Plants such as **Tulsi, Golden Money Plant, Aloe Vera, Ashoka, and Bamboo** are highly auspicious.
- Remove **dry or dead plants** immediately, as they block energy flow.

☑ 4. Use of Camphor & Incense

- Light **camphor, guggal, or loban** every morning or evening.
- This cleanses hidden negative energy from corners and purifies the environment.

☑ 5. Pictures & Symbols that Invite Positivity

- Display a **picture of seven horses** in the east — it keeps energy flowing.
- Flowing water, flowers, the sun, Radha-Krishna, or Buddha in calm meditative posture also bring positive vibes.
- Avoid **scary, sad, or violent images**.

☑ 6. Influence of Colors

- Light shades like **blue, green, pink, or cream** on walls foster positivity and mental peace.
- Avoid excessive use of **dark colors** like black or deep gray.

☑ 7. Creating a Peaceful Atmosphere

- Start your day with **meditation, prayer, or positive thoughts**.
- Dedicate one day a week for **chanting Hanuman Chalisa, Shri Sukt, or other sacred texts**.
- On **full moon days**, place water in silver or steel vessels in the **center of the house** to energize the space.

ॐ Special Precautions

- The first view upon entering your home should be **bright and inspiring**.
- Keep the **center of the house (Brahmasthan)** free of furniture or heavy objects — leave it open and clean.
- Take loving care of **pets** — they also help balance energy.

💡 Key Insight:

Peace and positivity are **not external objects**, but the result of our **environment and thoughts**.

When your home is balanced according to Vastu, its **positive influence on your mind and life** becomes clearly visible.

Chapter 7:

Special Simple Vastu Tips – Daily Life Remedies

Applying Vastu Shastra doesn't require major renovations or huge expenses. Even **small daily adjustments** can bring **significant positive results**. This chapter shares **easy, inexpensive, and effective Vastu tips** that you can implement immediately in your home.

☒ 1. Daily Vastu Remedies According to the Day of the Week:

- **Monday:** Offer water to Shivling — brings mental peace and purity to the home.
- **Tuesday:** Apply sindoor to Hanuman Ji — increases protection and strength.
- **Wednesday:** Water the Tulsi plant and chant “**Om Namoh Bhagavate Vasudevaya**” — enhances spiritual energy.
- **Thursday:** Perform Vishnu-Lakshmi puja with yellow clothes and flowers — boosts happiness and prosperity.
- **Friday:** Offer white sweets to Goddess Lakshmi and pray for wealth — attracts abundance.
- **Saturday:** Light a mustard oil lamp under a Peepal tree — alleviates Shani dosh.
- **Sunday:** Offer water to the Sun — strengthens self-confidence and positivity.

☑ 2. Nighttime Vastu Tips:

- Wash all dishes before sleeping — leftover dirty dishes invite scarcity.
- Keep a bowl of camphor in the kitchen — dispels negativity.
- Place a **silver coin or Gomti chakra** near the safe or wallet.
- Keep a copper lota filled with water by your bedside and offer it to Tulsi in the morning.

☑ 3. Maintaining Positive Energy in the Home:

- Place a **bowl of salt** in a corner and replace it every Saturday.
- Light a **lamp at the main entrance** every evening — invites Goddess Lakshmi.
- Never leave a broom upside down — it drives away prosperity.
- Remove unnecessary or broken items from the home.

☑ 4. Simple Crystal & Symbol Remedies:

- Place a **crystal ball or pyramid** in the north-east — balances energy.
- Keep a **Laughing Buddha** in front of the main door — attracts happiness and prosperity.
- Place a **Golden Money Plant** in the south-east — promotes wealth growth.

☑ 5. Simple Temple/Prayer Room Practices:

- Build your temple in the **east or north-east direction**.

- Do not keep **old or false offerings, broken incense sticks, or damaged idols.**
- Light a **lamp and ring a bell daily** — spreads positive vibrations.

Special Precautions:

- Begin the day with the sound of a **conch or bell** in the house.
- Always remove shoes before entering the home.
- Maintain an atmosphere of **kindness, love, and compassion** — this is the true secret of Vastu.

Key Insight:

Vastu is a **lifestyle, not just a structure.**

When we follow these **small but powerful daily remedies**, our home naturally transforms into a **temple of peace, prosperity, and positivity.**

Chapter 8:

Thank You Page – A Message for Readers

Dear Readers,

Heartfelt thanks for taking the time to read this book, “**Simple Vastu Remedies: For Wealth, Health, Relationships, Success, and Positivity.**”

This book is dedicated to everyone seeking **balance, happiness, success, and positive energy** in their lives. Our aim was to present **simple Vastu remedies** that you can apply in your home and life **without heavy expenses, renovations, or even the need for a Vastu expert.**

If you have tried even some of these tips and have noticed positive changes in your life — then our effort has truly been successful.



A humble request from us:

- Do not keep this knowledge to yourself — share it with your friends, family, and acquaintances.
- If you have any suggestions, experiences, or questions, please feel free to contact us — learning and sharing is an ongoing journey.

May your life always be **bright, energetic, and prosperous.**

With best wishes,

Author: Jitendra Kumar

The Astro Temple