

Magical Sugar Remedies:

For Wealth, Health, Success, and a Joyful Life



Ordinary sugar, extraordinary miracles!

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✦ Chapter 1: Introduction – The Magical Power of Sugar

Nature has gifted us many simple substances with hidden miraculous powers. One such wonder is **sugar**—yes, the same sweet ingredient that adds flavor to all our desserts. But did you know that sugar does much more than just enhance taste? When used mindfully, it can help attract **wealth, health, harmonious relationships, success, and positive energy** into your life.



In traditional Indian remedies, sugar has long been considered a powerful tool to **invite Lakshmi (prosperity), bring sweetness in relationships, foster mental peace, and enhance auspicious energy**. When applied in specific ways, sugar can create meaningful and positive changes in daily life.

This eBook presents **simple, practical, and effective sugar remedies** that you can incorporate into your routine without any significant expense or complicated procedures. These methods are inspired by **astrology, Vastu Shastra, and energy healing principles**.

Purpose of This Book:

- Enhance wealth and financial growth in your life
- Improve physical and mental health
- Strengthen love, harmony, and positivity in relationships
- Attract opportunities for success
- Remove negativity from your home and surroundings
- Invite and nurture positive energy

✦ Chapter 2

Sugar Remedies to Attract Wealth

Wealth is essential for fulfilling life's needs, and when approached with **positive energy and mindful practices**, money naturally starts flowing toward you. Sugar, symbolizing **sweetness and auspiciousness**, can be a powerful tool to attract prosperity. Regularly practicing the remedies below may help improve your financial situation.

☐ Remedy 1: Sugar and Coin in a Red Cloth

How to do it:

Place 1 teaspoon of sugar and a ₹1 coin inside a small red cloth. Keep this bundle in your purse or safe.

Benefits:

This practice helps maintain **financial stability** and attracts the blessings of **Lakshmi (goddess of wealth)**.

☐ Remedy 2: Sugar Donation on Friday

How to do it:

Every Friday, donate a handful of sugar to a poor person or feed it to a cow.

Benefits:

Strengthens the **Shukra (Venus) energy**, increasing **good fortune and prosperity** in life.

☐ **Remedy 3: Mixing Sugar in Money Plant Water**

How to do it:

Add a small amount of sugar to the water of your money plant once a week.

Benefits:

Activates the **money vibration** in your home, ensuring a **steady inflow of wealth**.

☐ **Remedy 4: Sugar in the Southeast Corner**

How to do it:

Place a glass bowl of sugar in the **southeast (Agni corner)** of your home.

Benefits:

This corner is considered the **seat of Lakshmi**. Keeping sugar here helps **attract wealth** into your life.

☐ **Remedy 5: Sugar with Cloves and Wealth Mantra**

How to do it:

Take 5 cloves and 1 teaspoon of sugar, tie them in a red cloth, and chant the mantra **“ॐ श्री श्रीये नमः”** 108 times. Then place this bundle in your safe or purse.

Benefits:

This not only **increases wealth**, but also **helps control unnecessary expenses**.

Chapter 3

Using Sugar to Improve Health

Health is the greatest wealth. When you are physically and mentally healthy, all other goals in life become easier to achieve. Sugar, full of **sweetness and energy**, can also enhance your health when used in certain mindful ways.

□ Remedy 1: Sweet Water on an Empty Stomach

How to do it:

Drink 1 glass of lukewarm water with half a teaspoon of sugar in the morning on an empty stomach. *(Avoid this if you have diabetes.)*

Benefits:

Provides **instant energy** and fills the body with **positive vibrations**.

□ Remedy 2: Keep Sugar by Your Bedside

How to do it:

Before sleeping, place a small bowl of sugar near your pillow. In the morning, feed it to birds.

Benefits:

Improves **sleep quality**, brings **mental calmness**, and reduces **stress**.

☐ **Remedy 3: Rub Sugar Before Bathing**

How to do it:

Once a week, gently rub a little sugar on your body before bathing, then take a normal bath.

Benefits:

Removes **negative energy** and brightens your **aura**.

☐ **Remedy 4: Sugar Near a Sick Person**

How to do it:

If someone in the house falls sick frequently, place a small pouch of sugar under their pillow and replace it every Saturday.

Benefits:

Supports **faster recovery** and helps **improve overall health**.

☐ **Remedy 5: Sweet Offering to Hanuman Ji**

How to do it:

On Tuesday and Saturday, offer jaggery and sugar to Lord Hanuman.

Benefits:

Increases **courage, energy, and immunity**.

Chapter 4:

Sugar Remedies to Sweeten Relationships

Relationships are the foundation of life—whether between husband and wife, parents and children, siblings, friends, or colleagues. When relationships are sweet and harmonious, life becomes joyful. Sugar, as a symbol of sweetness, can strengthen and harmonize your relationships when used through specific remedies.

□ Remedy 1: Sweet Water to Remove Bitterness

How to do it:

Every Friday, mix 1 teaspoon of sugar in 1 glass of water and offer it near a Tulsi plant.

Benefits:

Reduces **family conflicts and stress**, creating a **loving and peaceful environment** at home.

□ Remedy 2: Sweet Offering to Increase Love

How to do it:

Every Friday or Sunday, prepare a sweet dish (like kheer, halwa, or sugar crystals) yourself and offer it to all family members.

Benefits:

Enhances **mutual love, understanding, and communication** among family members.

□ **Remedy 3: Sugar for Marital Love**

How to do it:

Before sleeping at night, take 1 teaspoon of sugar and chant “**Om Lakshmi Narayanaya Namah**” 21 times. Then, tie it in a red cloth and place it in your wardrobe.

Benefits:

Increases **love, harmony, and attraction** between husband and wife.

□ **Remedy 4: Sugar and Milk to Resolve Conflicts**

How to do it:

On a special day (like Purnima), mix sugar in 1 cup of milk and offer it to the Tulsi plant while thinking of the person with whom you wish to ease tensions in the relationship.

Benefits:

Removes **bitterness**, opens up **positive communication energy**, and heals strained relationships.

□ **Remedy 5: Sugar Raksha Sutra for Friendship**

How to do it:

Wrap a red thread around 7 sugar grains and gift it to a friend, or keep it with you after performing a small puja in their name.

Benefits:

Strengthens **friendship** and can even bring back **old friends** into your life.

Chapter 5:

Sugar Remedies for Success

Success is everyone's dream—whether in studies, career, business, or competitions. By combining effort with simple, positive remedies, achieving success becomes easier. These small but powerful sugar-based remedies can help you reach new heights in life.

Remedy 1: Sugar and Mishri Before Exams or Interviews

How to do it:

Before any important interview, meeting, or exam, place 1 piece of **mishri** (rock sugar) and 1 cardamom pod in your mouth.

Benefits:

Enhances **communication skills**, boosts **confidence**, and leads to **positive outcomes**.

Remedy 2: Wash Hands with Sugar Water for Success

How to do it:

Before starting any new task, add a pinch of sugar to the water you use to wash your hands.

Benefits:

Brings **auspiciousness** and creates **positive energy for success** in the task.

☐ **Remedy 3: Clean the Entrance with Sugar Water on Sundays**

How to do it:

Every Sunday, mix 1 teaspoon of sugar in a bucket of water and sprinkle it at the main entrance of your home.

Benefits:

Invites **positive energy** into the home and removes **obstacles in your work and life**.

☐ **Remedy 4: Sugar Lamp for Achieving Goals**

How to do it:

On Thursday, mix a little sugar and turmeric in a yellow cloth, light a ghee lamp, and chant “**Om Brihaspataye Namah**” 21 times.

Benefits:

Sharpens **intellect**, brings **Guru’s blessings**, and helps achieve **success in endeavors**.

☐ **Remedy 5: Sugar-Based Offering for Victory**

How to do it:

Before starting a new project, court case, competition, or deal, offer a sweet dish with sugar (like **halwa** or **kheer**) to God.

Benefits:

Generates **positive outcomes**, removes **hindrances**, and ensures **victory**.

Chapter 6

Sugar Remedies to Remove Negativity

Negative energy can be the biggest obstacle to success, happiness, and peace in life. It can lead to mental stress, failures, conflicts in relationships, and financial difficulties. However, with a few simple yet powerful sugar remedies, you can eliminate negativity and invite positive energy into your life.

□ Remedy 1: Purify Your Home with Sugar and Salt

How to do it:

Once a week, add a pinch of sugar and salt to the water you use for mopping your home.

Benefits:

Removes negative energy and brings **peace, harmony, and happiness** into your home.

□ Remedy 2: Lemon-Sugar Remedy for Protection Against Evil Eye

How to do it:

Cut 1 lemon and put a pinch of sugar inside. Place it near the main door for a few minutes and then dispose of it in flowing water.

Benefits:

Protects from the **evil eye** and removes **inauspicious energy**.

☐ **Remedy 3: Donate Sugar in Black Cloth on Saturday**

How to do it:

On Saturday, wrap 1 teaspoon of sugar in a black cloth and donate it to a poor person.

Benefits:

Reduces **Saturn-related doshas**, brings **peace**, and removes **negative influences** from life.

☐ **Remedy 4: Relief from Negative Dreams**

How to do it:

Before sleeping, place a small bowl of sugar near your pillow and in the morning, offer it to the roots of a tree.

Benefits:

Calms the mind and helps **avoid disturbing or fearful dreams**.

☐ **Remedy 5: Energize Your Home with Sugar Incense**

How to do it:

On Thursday or Sunday, mix sugar in **ghee** and use it to light a lamp or incense at home.

Benefits:

Creates a **positive, energetic atmosphere** and increases **good fortune**.

Chapter 7

Positive Everyday Uses of Sugar

Sugar is not just an essential part of the kitchen—it can also bring remarkable positive results in your daily life if used with the right intention and method. These simple yet powerful remedies can fill each day with **energy, good fortune, and peace**.

□ Remedy 1: Start Your Day Sweetly

How to do it:

Every morning, before leaving the house, eat a small amount of yogurt with sugar.

Benefits:

Ensures a **fortunate day**, success in daily tasks, and favorable outcomes.

□ Remedy 2: Keep Sweet Offerings at Home

How to do it:

On Fridays or during festivals, place sugar-based offerings (like kheer, halwa, or sugar crystals) at your home altar.

Benefits:

Invites **Lakshmi** into your home and brings **mental peace**.

☐ **Remedy 3: Keep Sugar in the Kitchen Clean**

How to do it:

Keep sugar containers clean and never use dirty spoons or hands to take sugar.

Benefits:

Maintains **purity**, preserves **positive energy**, and ensures **harmony** in the home.

☐ **Remedy 4: For Children's Studies**

How to do it:

Before school, give children a little sugar water or sugar crystals (mishri).

Benefits:

Enhances **intelligence**, increases interest in studies, and boosts **self-confidence**.

☐ **Remedy 5: Keep Sugar at Your Workplace**

How to do it:

Place a small container of sugar in the **north direction** of your office or shop.

Benefits:

Maintains **positive energy** in your work environment and increases **good fortune**.

Chapter 8

Precautions and Important Guidelines

The simple yet powerful sugar remedies only work effectively when performed with **purity of mind, faith, and correct method**. Just as every medicine has its limits and conditions, these remedies also come with some important precautions that must be followed carefully.

1. Avoid Negative Thoughts

While performing the remedies, do not harbor doubts or negative thoughts.

✓ The remedies are **effective only when you have complete faith and a positive mindset**.

2. Maintain Purity

Before using sugar, ensure both your hands and mind are pure.

✓ **Do not touch sugar with dirty hands** and never use it without respect.

3. Do Not Use for Harm or Manipulation

These remedies are meant for **self-improvement and positivity** only.

✓ Never use them to harm or disadvantage anyone.

4. Regularity and Patience Are Essential

Do not expect instant miracles from any remedy.

✓ **Perform these remedies regularly and patiently**—their positive effects will appear gradually.

5. For People with Diabetes or Other Health Concerns

Those who need to avoid sugar for health reasons should use these remedies in **external forms only**, not by consumption.

✓ Examples include sugar water sprinkling, offerings, or rituals.

□ **Important Advice:**

- Wash your hands before and after performing any remedy.
- Perform remedies with **faith** and a **pure intention**.
- Never disrespect sugar—**do not throw it on the ground or in the trash**.

Thank You Note:

Dear Reader,

Thank you from the heart for taking the time to read this eBook, *“Magical Sugar Remedies: For Wealth, Health, Success, and a Joyful Life.”*

The purpose of this book was simple: to show how an **ordinary household item—sugar—can help you invite positive energy, prosperity, and harmony into your life.**

Your **faith, devotion, and consistency** are what will make these remedies truly effective.

I hope this eBook not only guides you but also brings **real benefits** into your daily life.

May your life be filled with **sweetness, success, and positivity**—my heartfelt wishes.



With love,

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